



# Take control of your medicine

**Be confident. Feel good. Save money.**  
**With your personal UPH Pharmacist**

## **Be confident.**

Feel confident taking your medicine. UnityPoint Health Medication Therapy Management (MTM) Pharmacists make sure you have the right medications for your body and that the prescribed and/or over-the-counter medications you take are safely working together. They also help you understand any risks and how to eliminate or reduce side effects.

## **Feel good.**

It's important to take medicines the right way to reach your health goals and feel good. UPH MTM Pharmacists work with your care team to help you manage chronic conditions and help make sure the medicines you are taking are the best fit for you and your lifestyle.

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## **Ready to take control of your medicine?**

Call **(877) 219-1294 option 0** to schedule a **free** in-person, video or telephone visit with a UPH MTM pharmacist.

## **Save money.**

**UnityPoint Health Network Plan Members** can get some medicines for asthma, diabetes, high cholesterol, and blood pressure for \$0 copay. **UnityPoint Health HSA Plan Members** can earn up to two \$50 Visa gift cards during the year for meeting with a UPH MTM pharmacist. Just complete a MTM visit and submit a participation agreement form to enroll.

